



Anaesthetic Learning in the North East

## Levelling the Field

A study day for BAME (Black, Asian & Minority Ethnic Doctors), International Medical Graduates (IMG), MTI, LEDs, Trust Doctors, SAS, Fellows & doctors new to the NHS and to all those who are interested to know the challenges faced by the BAME groups.

**DATE: 07 May 2020**

**VENUE:** Lecture Theatre, Institute of Transplantation, Level 4,  
Freeman Hospital, Newcastle upon Tyne. NE7 7DN

**Morning session: Chairperson: Dr Kathryn Bell <sup>5</sup>**

<b>08:30 – 08:50</b>	<b>Registration &amp; coffee</b>	
<b>08:50 – 09:00</b>	Introduction - Levelling the Field	Dr Sameer Ahmed <sup>1</sup>
<b>09:00 – 09:25</b>	What the NHS means to us	Dr Sonia Lalla <sup>4</sup>
<b>09:25 – 09:50</b>	Living and working in the UK	Dr Shahram Khan <sup>1</sup>
<b>09:50 – 10:10</b>	The challenges as a new doctor in the NHS	Dr Ibrahim Khalek <sup>2</sup>
<b>10:10 – 10:30</b>	Culture Shock – overcoming the challenge	Dr Jae Huh <sup>4</sup>
<b>10:30 – 10:55</b>	My journey – from a newbie to a Consultant	Dr Mohammad Mostafa <sup>3</sup>
<b>10:55 – 11:10</b>	<b>Coffee</b>	
<b>11:10 – 11:45</b>	How to seek support - Trusts/Deanery How to seek support – College Tutors/Ed Supervisors	Dr Kathryn Bell <sup>5</sup> Dr Claire Woods <sup>7*</sup>
<b>11:45 – 12:05</b>	Resources and support available	Dr Fui Yong <sup>4</sup>
<b>12:05 – 12:30</b>	Mentoring – how can it help you?	Dr Nancy Redfern <sup>6</sup>

**Afternoon Session: Chairperson: Dr Kathryn Bell <sup>5</sup>**

<b>12:30 – 13:10</b>	<b>Lunch</b>	
<b>13:10 – 13:35</b>	Dealing with stress	Dr Ilma Songaile <sup>4</sup>
<b>13:35 – 14:00</b>	Bullying and harassment	Dr Julia Siddall <sup>7</sup>
<b>14:00 – 14:20</b>	The GMC	Dr Julia Siddall
<b>14:20 – 14:40</b>	Isolation / getting involved	Dr Sonia Lalla <sup>4</sup>
<b>14:40 – 15:00</b>	<b>Coffee</b>	
<b>15:00 – 15:20</b>	BAME staff networks - what are they?	Ms Odeth Richardson <sup>8</sup>
<b>15:20 – 15:40</b>	NHS workforce race equality standards (WRES)	Ms Karen Pearce <sup>9</sup>
<b>15:40 – 16:00</b>	Health care leadership and career progression	Dr Mike Wilkinson <sup>10</sup>
<b>16:00 – 16:30</b>	<b>Discussion &amp; Close</b>	

Any queries, please contact [B.Sladdin@nhs.net](mailto:B.Sladdin@nhs.net)

**Speakers**

1	Specialty Doctors in Anaesthesia, Royal Victoria Infirmary, Newcastle
2	Core Anaesthetic trainee, Mersey School of Anaesthesia
3	Consultant Anaesthetist, Cumberland Infirmary
4	Specialty Trainee, Northern School of Anaesthesia & Intensive Care Medicine
5	Consultant Anaesthetist, Royal Victoria Infirmary, Newcastle; Training Programme Director – Trainees with Differing Needs, Northern school of Anaesthesia & Intensive Care Medicine
6	Consultant Anaesthetist, Royal Victoria Infirmary, Newcastle; Mentor Development Lead for the Royal Colleges, Deaneries & Association of Anaesthetists (AAGBI)
7	Consultant Anaesthetist, Royal Victoria Infirmary, Newcastle /*College Tutor
8	Cultural Ambassador & Head OT at The Newcastle Upon Tyne Hospitals NHS Foundation Trust. Champion of inclusion and fairness
9	Head of Equality, Diversity and Inclusion (People) at Newcastle Hospitals NHS Foundation Trust
10	Associate Dean for SAS Doctors & Dentists, Health Education England